

INFORMATION FOR PATIENTS BOOKED FOR SPINAL INJECTION OR SPINAL SURGERY

You have been placed on my waiting list for either a spinal injection or spinal surgery.

Your operation/injection *procedure code* is:

If you are covered by Health Insurance please let them know as soon as possible after which you will be issued with an authorisation code. If you are a Self-Pay Patient you will be contacted shortly by our Self-Pay Patient Team regarding the costs of the procedure and payment details.

All patients will receive confirmation of the procedure date, location and preparations required prior to your procedure including instructions about preparations on the day of the procedure, for example starvation times, important information about cessation of any medication, organising transport to and from the hospital, whether you are booked for day-case surgery or overnight stay and what to bring with you to hospital.

Pre-operative Assessment Patients booked for spinal surgery you will also require a pre-operative assessment appointment in our pre-assessment clinic at the Chiltern Hospital where the nursing staff go through a basic health questionnaire, blood tests and microbiology swabs to ensure you are fit for surgery and to discuss any previous medical conditions we should be aware to ensure we care for you appropriately during your admission.

Information Booklets In addition to this we ask all patients to find out a bit more about their surgery by reading the approved patient information booklets on the British Association Spinal Surgeons Website www.spinesurgeons.ac.uk/patients

Consent Also in this patient portal you will find information on the consent process. Please read the consent guidance and also the relevant consent form for your surgery whether it is cervical (neck) or lumbar (back) and anterior (front) or posterior (back). Please print out the single A4 consent sheet and bring it with you to your pre-operative appointment with Mr Seel and he will run through the consent information in more detail.

British Spine Registry If you are having surgery you will also be registered on the British Spine Registry which is a UK National Registry which aims to collect information about spinal surgery across the UK. The information recorded by patients will help to find out which spinal operations are most effective and in which patients they work best. The aim is to improve patient care in the future. You will receive an invitation to the British Spine Registry via email so please look out for this and complete the appropriate patient questionnaires which ask you questions about your symptoms in terms of the pain intensity and function that you have. If you do not receive an email the data base can also be accessed via their website at www.britishspine registry.com/patients.

If there are any other questions about your proposed procedure please write these down and bring this note with you to your pre-operative clinic appointment with Mr Seel who will be more than happy to answer any further questions you may have.

Please ensure that Mr Seel is notified of any change to any medicines, medical conditions or allergies prior to your procedure.